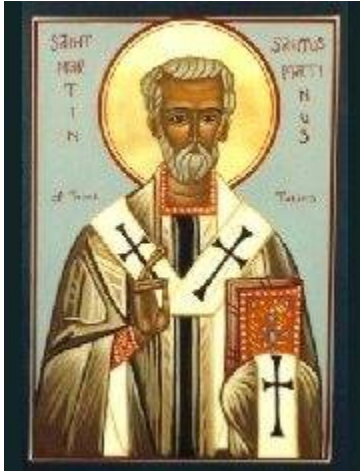


Common Letter # 31
Norfolk Priory
November 11, 2011



***“Lord, if I am still necessary to your people,
I will not refuse the labor; may your will be done.”***
(2nd Antiphon of Lauds and Vespers – Feast of St. Martin)

Dear Sisters,

The above antiphon from our Divine Office really hit me today. Reflecting on why I am here at this time of my life, I only can say with St. Martin, if I am still necessary to your people, I will not refuse the labor; may your will be done. With St. Martin I greet you all on this beautiful sunny November day.

During the last week of October, Sr. Rita Hess spent one week in California with Verena Röösl, the sister-in-law of our Sr. Salesia. Both of them enjoyed the time together.

On the 26th October, 42 Kindergarten children came to sing for Halloween to the sisters. They were so cute and brought us much joy.

Sr. Dorothy Koenig was twice admitted in the hospital and got finally a pacemaker. She is back and participates again in all community exercises.

On November 29th finally our Sr. Carmel returned safely from her long absence and sabbatical in the Philippines. We are happy to have her back and she has taken over the sacristy besides being my secretary again.

Our Halloween Party on Sunday, Oct. 30th was a lot of fun. Thanks to Sr. Jania who organized it so well. If you are on Facebook just enter Missionary Benedictine Sisters, Norfolk and you will find the funniest creatures at the party.

On November 3rd Sr. Cecilia Polt moved back to Norfolk from Wayne after she resigned from her work. She is helping in the Sacristy and is a member of the Spirituality Center Staff.

On Saturday, November 5th Sr. Bernardine moved from the mission in Winnebago to Norfolk. She will help in our new book store and will

hopefully have more time for herself. Sr. Leah Ann also left that day for her first home leave in the Philippines after being almost 5 years with us. We will miss her playing of the organ, especially on Christmas, but looking forward to her return as a permanent member of our priory.

Also on this day Elizabeth Frenzel, our former sister, came for the first time to visit us for a few days after her departure 5 years ago. It was good to have her here. She enjoyed meeting the sisters.

On November 6th Sr. Carole Ann and Sr. Bernardine left for Kearney. Sr. Carole Ann gave directed retreat at the Newman Center "Busy People's Retreat" and visited some of her family, while Sr. Bernardine is with her sister.

Sr. Rita Marie left on November 8th with Bobbie Freeborn for the Annual RICRI meeting held in St. Louis. She returns today.

Yesterday I announced to the community here in Norfolk that Sr. Gabrielle Marie will attend the Monastic Formation Program in Rome in March – June 2012.

I will go to Winnebago on Monday, November 14 to install Sr. Mary Agnes Salber as superior of Winnebago for one year. She accepted her appointment in the same attitude like St. Martin in the antiphon of today.

With many blessings,

Yours,

S. Pia Postumaun OSA